

Kumite and Referee Clinic at the University of California at San Diego:

By: Dennis Carungcong

On May 15th, 2011, the Ryuei Ryu Karate Club in San Diego, California hosted a Kumite and Referee clinic at the UCSD Gymnasium. Members of the Seishi Dojo and Hinode Dojo from Redlands, California participated in these trainings. Sensei Kim Williamson received instruction from Sensei Crockett on officiating while two of her students sparred during the training for the purpose of analyzing rules and scoring.

The warm ups were lead by Sensei Alfonso Gomez Jr. which consisted of moving exercises which was a workout in itself. Sensei Allas then took over and lead the instruction for kumite while his daughter demonstrated the movements. We learned some new techniques that we will be able to work on and utilize for future sparring. Two of our beginning students, Anny and Mike got a taste of some advanced techniques. They both enjoyed the clinic and Mike said he was pretty sore afterwards.

We all had a great time and got to meet with friends. Afterwards, we had the pleasure of having lunch with Sensei Ophira Bergman and her family at the Rock Bottom Restaurant in San Diego where the food was delicious. We look forward to returning to San Diego in a couple weeks to participate in the P.A.T.M.A. Karate Tournament.